

Required Adjudicator Choice Solos for Provincial Excellence Dance, 2026

BALLET:

Female Variation

Title: **Odalisques Pas de Trois - 2nd Variation**

Ballet: Le Corsaire

Adolph Adam - Joseph Mazillier and Marius Petipa

Link: <https://youtu.be/jT2ChrAylIc?si=nUFQANnPmGokASqU>

Male Variation

Title: **Colas Variation - Act II**

Ballet: La Fille Mal Gardée

Alexander Gorsky - Louis Joseph Ferdinand Hérold

Link: <https://youtu.be/NkdvUxUwUwE?si=yi6A-b0gQoBCFgwJ>

MODERN:

Title: **Vollmond**

Choreographer: Pina Bausch

Adjudicator Notes: Bausch was a German choreographer who pioneered Tanztheater, a groundbreaking fusion of dance and theatre that became globally influential. She trained under Kurt Jooss and later at Juilliard, shaping her distinctive style that blends everyday gestures, surreal imagery and collaborative creation with her dances.

Link: <https://www.youtube.com/watch?v=m4d-mHjtCG8>

Dancers should learn from 0:00 – 1:46, where the dancer stands

*Note: The following link may be used as a tutorial for the first 1 minute and 26 seconds of the dance: <https://www.youtube.com/watch?v=nE2eCJ1RZT0>

JAZZ:

Title: **Escalate**

Choreographer: Ellenore Scott

Music: Escalate by Tsar B

Link: https://youtu.be/0t_2O_KLdE?si=1pkhdDJMFiEoahAd

Adjudicator's Notes: The piece is set as a duet so dancers should learn primarily the choreography of the orange dancer.

0:00-0:11 Begin with the purple dancer's section and switch to the Orange dancer as soon as the hands reach the floor

0:37 Coupe turn sequence currently shows 4 rotations, which is not required from the dancers. They may make an appropriate modification to showcase their talents, or substitute another skill of the dancers' choosing.

1:11-1:14 Dancers should execute the purple dancer's movements

1:24 There is a front aerial tinsica which is not required from the dancers, and they may make an appropriate modification to showcase their talents (the movement can be substituted for another skill of the dancers' choosing)

1:30-1:37 Candidates may improvise their own ending for the final 9 counts of the routine.

***Dancers should learn from 00:00 – 1:39**